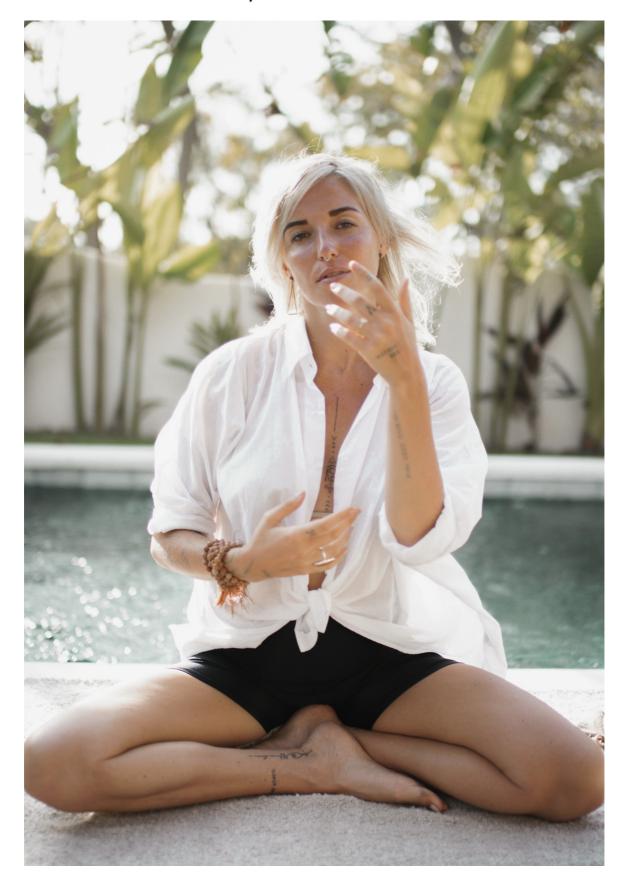
THE RHYTHM —of enuch—



THE RHYTHM OF TRUTH RETREAT BALI
2 - 6 MARCH 2024 | 5 DAYS WITH LOA



FIVE DAYS FULL OF...

- » BREATHWORK JOURNEYS
- » CACAO AND TEA CEREMONIES
- » DEEP EMBODIMENT PRACTICES
- » ART SESSION
- » DEEP EXPLORATION IN AUTHENTIC RELATING EXERCISES
- » DEEP INSIGHTS ABOUT LOAS WAY OF LIVING AND HOW SHE MAINTAINS A HEALTHY LIFESTYLE WHILST LIVING HER PURPOSE





THE RHYHTM OF TRUTH RETREATS WITH LOA ARE HELD IN VERY SMALL GROUP SETTINGS TO PROVIDE A SAFE AND INTIMATE CONTAINER.

A SPACE THAT ALLOWS DEEP HEALING AND INTIMACY WITH LOA AND THE GROUP.

LIMITED SPOTS - 12 PEOPLE.





THIS IS ONE OF LOAS FAVOURITE PLACES IN BALI TO RECONNECT TO HERSELF, TO NATURE AND TO CREATE MEANINGFUL, HEART-CENTERED PROJECTS.

THE LOCATION IS IN BALIAN -SURROUNDED BY NATURE, THE BEACH AND THE HOLY BALIAN RIVER. A PRIVATE PLACE FOR THE RHYTHM OF TRUTH RETREAT.



YOUR ROOM OPTIONS IN THE RETREAT

SINGLE ROOM 2999,- € PER PERSON

SHARED ROOM (2 PERSONS) 2555.- € PER PERSON





WHAT IS ALSO INCLUDED..

IT IS OUR HEARTS DESIRE TO MAKE YOU FEEL AT HOME AND TAKEN CARE OF. YOU WILL RECEIVE A HEALTHY AND DELICIOUS MENU MINDFULLY CREATED BY LOA.

THE DAILY MENUS WILL BE VEGAN.
IN CASE YOU NEED SOMETHING
SPECIFIC FOR YOUR DIET, WE ASK
YOU TO INFORM US AND BRING
EVERYTHING YOU NEED.

OTHER THAN THAT, ALLOW US TO SURPRISE YOU.



THE RHYTHM

THE RHYTHM OF TRUTH RETREAT BALI

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ANY QUESTIONS?

MESSAGE LOA ON INSTAGRAM: @LOA.HELSER

READY TO JOIN?

TO SAVE YOUR SPOT, 50% DOWNPAYMENT IS REQUIRED.

ARRIVAL AND DEPARTURE IS TO BE ORGANIZED

INDIVIDUALLY - BOTH LIKELY AROUND NOON.

YOU WILL RECEIVE MORE DETAILS SHORTLY

BEFORE THE RETREAT.

