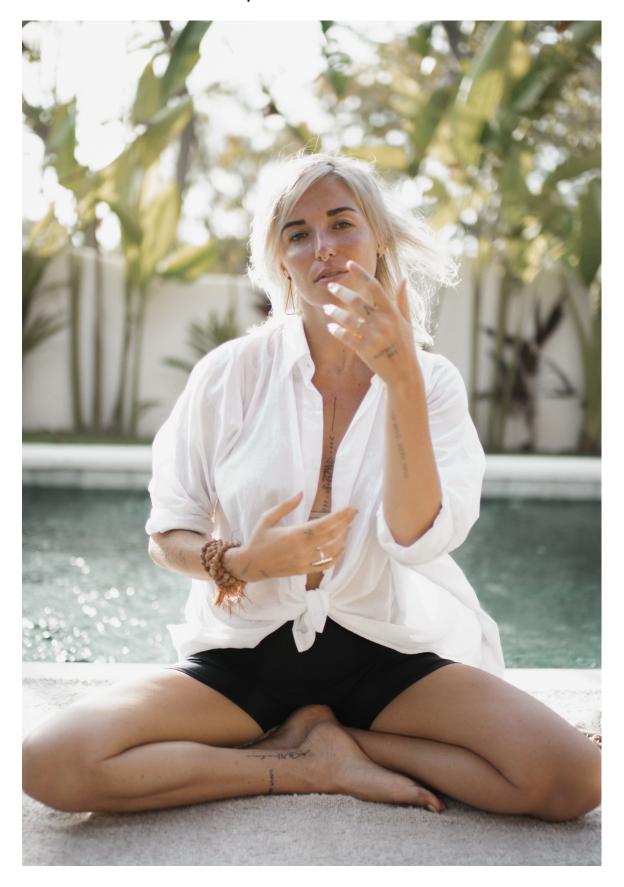
THE RHYTHM — of eruch—



THE RHYTHM OF TRUTH RETREAT BALI
5 DAYS WITH LOA



FIVE DAYS FULL OF...

- » BREATHWORK JOURNEYS
- » CACAO AND TEA CEREMONIES
- » DEEP EMBODIMENT PRACTICES
- » ART SESSION
- » DEEP EXPLORATION IN AUTHENTIC RELATING EXERCISES
- » DEEP INSIGHTS ABOUT LOAS WAY OF LIVING AND HOW SHE MAINTAINS A HEALTHY LIFESTYLE WHILST LIVING HER PURPOSE





THE RHYHTM OF TRUTH RETREATS WITH LOA ARE HELD IN VERY SMALL GROUP SETTINGS TO PROVIDE A SAFE AND INTIMATE CONTAINER.

A SPACE THAT ALLOWS DEEP HEALING AND INTIMACY WITH LOA AND THE GROUP.

LIMITED SPOTS - 12 PEOPLE.





THIS IS ONE OF LOAS FAVOURITE PLACES IN BALI TO RECONNECT TO HERSELF, TO NATURE AND TO CREATE MEANINGFUL, HEART-CENTERED PROJECTS.

THE LOCATION IS IN BALIAN -SURROUNDED BY NATURE, THE BEACH AND THE HOLY BALIAN RIVER. A PRIVATE PLACE FOR THE RHYTHM OF TRUTH RETREAT.



YOUR ROOM OPTIONS IN THE RETREAT

SINGLE ROOM
SHARED ROOM (2 PERSONS)



WHAT IS ALSO INCLUDED..

IT IS OUR HEARTS DESIRE TO MAKE YOU FEEL AT HOME AND TAKEN CARE OF. YOU WILL RECEIVE A HEALTHY AND DELICIOUS MENU MINDFULLY CREATED BY LOA.

THE DAILY MENUS WILL BE VEGAN.
IN CASE YOU NEED SOMETHING
SPECIFIC FOR YOUR DIET, WE ASK
YOU TO INFORM US AND BRING
EVERYTHING YOU NEED.

OTHER THAN THAT, ALLOW US TO SURPRISE YOU.



THE RHYTHM

THE RHYTHM OF TRUTH RETREAT BALI

5 DAYS WITH LOA

ANY QUESTIONS?

MESSAGE LOA ON INSTAGRAM <u>@LOA.HELSER</u>
OR REACH OUT VIA E-MAIL <u>SUPPORT@LOAHELSER.COM</u>

YOU FEEL CALLED TO JOIN A RETREAT WITH LOA IN THE FUTURE?

JOIN THE WAITINGLIST <u>HERE</u> AND WE WILL COME BACK TO YOU AS SOON AS WE HAVE DATES FOR OUR NEXT RETREATS

IN BALI AND OTHER COUNTRIES.

